

Baldock Manor Hospital



**PICU for women
opened December 2017**

**8 bed purposely designed unit for women, aged 18 years or over,
who are in an acutely disturbed phase of a mental disorder**

4 London Road, Baldock, Hertfordshire SG7 6ND

PICU Admissions

Radley ward (female), 8 beds

Service user Profile

- Women in an acute psychiatric crisis who are at risk to themselves or others, and need a place of intensive support and safety
- Women aged 18 years or over, who are detained under the Mental Health Act 1983 (amended 2007), who are in an acutely disturbed phase of a mental disorder
- Women requiring a rapid assessment, admission and crisis care to maintain safety and minimise risk

Referral and Admission

- Referrals can be made 24 hours a day, 7 days a week
- Assessments are usually carried out within two hours, admissions within four hours where possible, pending funding agreement
- On admission, service users are introduced to the ward and ward routine policies

72 hour Assessment Period

- Introduction to primary nurse team and 1:1 care planning
- Daily medical review
- Daily mental state review
- Liaison with home team
- Liaison with family (supported by staff if necessary)

Psychological and Physical Wellbeing

- Daily 1:1 with primary nurse or primary nurse team
- Daily liaison with doctor
- Daily physical trainer
- Daily engagement with Activity Co-ordinator
- Daily risk assessment completed
- Daily ward round review
- Positive self-image programme
- Monthly programme - Managing self-harm
- Weekly physical health wellbeing clinic
- Monthly diet and nutritional advice

Discharge

- Agree robust discharge plan with all parties
- TTO medication provided for 5 days
- Liaison with family
- Liaison with home team
- Advice regarding future placements
- A clinical update for after discharge care if appropriate

24 hrs / 7 days
0800 254 5006

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