

Howe Dell Manor & The Coach House


NOUVITA
Journeys to new beginnings.

A nursing care home and step down rehabilitation for men and women with enduring mental illness





Nouvita is a leading independent provider of learning disabilities, mental health and specialist care services

With over 30 years' experience, we aim to deliver collaborative, innovative, quality care that we are proud of, supporting people to a positive outcome through pro-active recovery.

With teams of dedicated professionals at our person-centred care homes and specialist rehabilitation hospitals, Nouvita enables people with learning disabilities and/or mental disorders to achieve their full potential in a safe and caring environment.



Nigel is a man of advancing years who was admitted from the local acute admission mental health ward. Upon admission he was practising no self-care, requiring assistance to walk, was reluctant to eat and drink and had symptoms of depression.

Nigel was diagnosed with bipolar and appeared to be in the depressive phase. Matters were not helped because he was alienated from his family due to his behaviour in the past. Nigel had long-term issues that could not be addressed within the acute setting and he was admitted to Howe Dell Manor.

Howe Dell Manor

Howe Dell Manor is an 18 bed nursing care home for men and women, aged between 18 and 65 years (on admission), with enduring mental disorder, with or without a forensic background.

We specialise in care for people who require further support and rehabilitation as they make the transition from an inpatient mental health care unit to independent living in the community, or subsequent placement in longer term supported accommodation.

With care provided by an experienced nursing team, we support residents in the sometimes challenging pathway back to the community.

Providing a safe yet homely environment in a residential setting, Howe Dell Manor is perfectly positioned to meet the needs of residents who are in this process.

The Coach House

The Coach House provides a vital stepping stone for individuals that are nearing the end of their rehabilitation and are about to be discharged into the community but require support with their transition.

When Nigel arrived at Howe Dell Manor the team conducted an assessment of his needs which revealed that he was more capable of performing physical tasks. Some of his reluctance to walk was due to experiencing falls in the past and he required reassurance from the staff about his ability to walk, which empowered him.

Today Nigel gets out and about in the community escorted by staff with the aid of an electric wheelchair.

Although he has occasional bouts of irritability, which he explains are due to his bipolar condition, the team have noted this is linked to his physical health and now monitor his vitals on a regular basis to alert the GP to avoid any relapse.

Nigel says, "I feel that life at Howe Dell Manor has improved my quality of life and the staff have been great in making me feel safe and protected."

* Patient's name has been changed to protect anonymity



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The Coach House**

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All details correct at time of going to press 01/18.