

Winnett Cottage


Nouvita
Journeys to new beginnings.

**A residential home for men with enduring mental illness,
with forensic background including substance misuse**





Nouvita is a leading independent provider of learning disabilities, mental health and specialist care services

With over 30 years' experience, we aim to deliver collaborative, innovative, quality care that we are proud of, supporting people to a positive outcome through pro-active recovery.

With teams of dedicated professionals at our person-centred care homes and specialist rehabilitation hospitals, Nouvita enables people with learning disabilities and/or mental disorders to achieve their full potential in a safe and caring environment.



Carl has a diagnosis of paranoid schizophrenia. He has spent time within High Secure Placements and had previously moved to a 'Long-term Medium Secure placement'. Following a Mental Health Review Tribunal he had been given a conditional discharge. Following this he moved to Winnett Cottage, where he has integrated into the local community. He has attended college courses and accesses leisure facilities in the local area with friends he has made since moving to Winnett Cottage. He is now self-catering and managing the budget for it.

* Patient's name has been changed to protect anonymity

Winnett Cottage

Winnett Cottage is registered for 10 men who require psychiatric aftercare from ages 18-65, with or without a forensic history.

Winnett Cottage focuses on meeting the residential, psychological care and support needs of those suffering from enduring mental disorder and to provide expert support and psychological care for residents making the transition to independent living or longer-term accommodation.

We encourage residents to individually identify their goals and agree a plan on how to achieve them using the Recovery Star.

We help people recover from addiction and gain control of their lives. At Winnett Cottage we understand there are many roots of addiction and take a holistic approach to tackle every level of substance misuse.

Community Involvement

Residents are linked up with work opportunities, education at the local College and meaningful activities as provided by Mind and YMCA, who offer a full range of therapeutic and leisurely activities that our residents can continue using long after discharge.

Integrated care pathway

Winnett Cottage is part of the integrated male care pathway within Nouvita, which also includes our hospital in Baldock and mental health rehabilitation services at Eltisely Manor in Cambridgeshire and Howe Dell Manor in Hatfield.





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Contact us:

Winnett Cottage

111 Hertford Road
Stevenage
Hertfordshire SG2 8SH

01438 813 915

www.nouvita.co.uk

Registered Manager: Anne-Marie Holliday
Anne-Marie.Holliday@nouvita.co.uk

Chief of Staff: Ruth Mabika
Ruth.Mabika@nouvita.co.uk

Clinical Director: Iona Oughton
iona.Oughton@nouvita.co.uk